

Morans

Gluten Free Menu

This Menu contains all of our dishes that can be adapted to accommodate gluten free diets and still enjoying the great tastes of our cuisine.

PLEASE ADVISE YOUR SERVER IF YOU HAVE ORDERED FROM THIS MENU TO ENSURE YOUR DISH IS MADE GLUTEN FREE.

Starters

- 4. Gung Sate - BBQ skewered prawn served with a spicy seafood sauce dip £7.95
- 8. Moo Yang - BBQ skewered pork served with chilli sauce £6.25
- 16. **Tom Yum** (spicy hot and sour lemongrass soup) ***
- 17. **Tom Kha** (coconut milk, galangal and lemongrass soup) *
 - King Prawns - £7.95 Chicken - £5.95
 - Seafood - £8.95 Mushroom - £5.75

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- 19. **Weeping Tiger**
Slices of grilled 8oz sirloin steak tossed in hot wok with garlic, black pepper and coriander, served with oyster sauce. £14.95
- 20. **Nuea Terriyaki**
Grilled 8oz sirloin steak sliced thinly; cooked in Japanese sweet wine, sake, ginger & soy sauce. £14.95
- 21. **Grapaw Nuea** ***
Stir fried beef chopped coarsely with garlic, chillies and basil. £11.25
- 22. **Nuea Prig Thai Dum** **
Stir fried beef with black pepper, oyster sauce and vegetables. £11.25
- 23. **Nuea Pad Nam Mun Hoi**
Stir fried beef with oyster sauce, onion, mushrooms and broccoli. £11.25
- 26. **Pad Khing Gai**
Stir fried chicken with ginger, garlic and mushrooms. £9.25
- 27. **Gai Pad Nam Mun Hoi**
Stir fried chicken with oyster sauce, onion, mushrooms and broccoli. £9.25
- 28. **Gai Ma Muang**
Stir fried chicken with cashew nuts, baby corn and mushrooms. £9.25
- 29. **Grapaw Gai** ***
Stir fried chicken chopped coarsely with garlic, chillies and basil. £9.25
- 30. **Gai Prig Thai Dum** **
Stir fried chicken with black pepper, oyster sauce and vegetables. £9.25
- 32. **Gaeng Kahree Gai** *
A mild chicken yellow curry with potatoes, topped with crispy fried onions. £9.25
- 35. **Moo Pad Nam Mun Hoi**
Stir fried pork with oyster sauce, onion, mushrooms and broccoli. £9.25
- 37. **Moo Pad Khing**
Stir fried pork with ginger, garlic and mushrooms. £9.25
- 38. **Moo Prig Thai Dum** **
Stir fried pork with black pepper, oyster sauce and vegetables. £9.25
- 39. **Grapaw Moo** ***
Stir fried pork chopped coarsely with garlic, chillies and basil. £9.25
- 42. **Ped Terriyaki**
Roasted duck breast cooked in Japanese sake and soy sauce. £13.95
- 43. **Ped Prig Thai Dum** **
Stir fried duck with black pepper, oyster sauce and vegetable. £9.25

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44. **Ped Ma Karm** - Grilled marinated duck leg served with tamarind sauce £13.95
45. **Ped Pad Nam Mun Hoi** - Stir fried duck with oyster sauce, onion, mushrooms & broccoli £9.25
46. **Ped Pad Khing** - Stir fried duck with ginger, garlic and mushrooms. £9.25
80. **Gung Pad Prig Khing ***** Prawns with red curry paste, fine beans & Kaffir lime leaves. £11.25
47. **Gung Ma Muang**
Stir fried king prawns with cashew nuts, baby corn and mushrooms. £11.25
49. **Gung Prig Thai Dum ****
Stir fried king prawns with black pepper, oyster sauce and vegetables. £11.25
50. **Gung Pad Nam Mun Hoi**
Stir fried king prawns with oyster sauce, onion, mushrooms and broccoli. £11.25
51. **Grapraw Gung *****
Stir fried king prawns with garlic, chillies and basil. £11.25
- 60a. **Plah Gung (Thai King Prawn Salad) ****
King Prawns tossed in Thai dressing with lemongrass, coriander, lemon juice and chilli paste sauce. £12.95
83. **Calamari Prig Thai Dum ****
Stir fried squid with black pepper sauce and mixed vegetables. £9.95
55. **Prig Thai Dum **** Stir fried mixed seafood with black pepper, oyster sauce and vegetables.
£13.95
56. **Grapraw Thaley ***** Stir fried mixed seafood with garlic, chillies and basil. £13.95
57. **Seafood with Ginger and Garlic** Served with mushrooms, garlic, ginger and mixed vegetables in a oyster sauce. £13.25
58. **Pla Nueng Ma Nao ***** Steamed fillets of sea bass in garlic, chillies & lemon juice sauce.
£17.65
85. **Gaeng Kahree Pak **** Mixed vegetables with potato in a yellow curry sauce topped with fried onions £9.25
90. **Laab Aubergine **** Spicy Thai salad in a light, fresh dressing. £8.25
- 61a. **Pad Tofu Khing Pak** Mixed vegetables & Tofu Stir fried with ginger £8.95
- 61b. **Pad Grapaw Pak ***** Mixed vegetables & tofu with garlic and chilli. £8.95
61. **Pad Pak (Stir Fried Vegetables)** £2.95 (d) Mixed vegetables with ginger
(e) Mixed vegetable with garlic and chilli *** (f) Mixed vegetables with oyster sauce
(g) Mixed Vegetables with beansprouts (h) Stir fried beansprouts
62. **Pad Thai** (fried rice noodles with beansprouts, egg and roasted ground peanuts)
Original - £6.95 King Prawns - £8.95 Chicken - £7.95
64. **Khao Siew** Steamed Thai Rice £2.65
65. **Khao Man** Thai rice with coconut milk £2.95

